

Female Patient Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Male Patient Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_

## **New England Fertility Institute**

1275 Summer Street • Suite 201 • Stamford, CT 06905 • Tel: (203) 325-3200 • Fax: (203) 323-3130

### ANESTHESIA

Wilton Anesthesia Associates will provide your anesthesia. For the past decade, the anesthesia providers of Wilton Anesthesia Associates have been providing outpatient anesthesia services throughout Connecticut and New York.

We ask you to follow a few simple instructions to help ensure that your procedure is a safe and pleasant experience.

- Do not eat or drink anything for six hours before any type of anesthesia. This includes candy, gum and all liquids
- You must make arrangements for a responsible adult to take you home after the procedure. Having a taxi take you home is not recommended.
- It is recommended that you wear loose fitting clothes and leave your valuables home.
- For those taking prescription inhalers in the morning please do so. We also ask that you bring your inhalers with you.
- For those taking blood pressure medications in the morning please do so with a sip of water.
- All diabetics will receive special instructions.
- We advise that you have someone stay with you for the first twenty-four hours after the procedure.

You will have ample opportunity to discuss your anesthesia with your provider prior to your procedure.